



S-Anon & S-Ateen International Convention Schedule

	California 1	Pacific Coast 3*	Pacific Coast 4 & 5	Pacific Coast 6*	California 2	California 3	California 4	Marquis Ballroom*	Imperial Ballroom A	Imperial Ballroom C	Imperial Ballroom D	
	S-Ateen	S-Anon	S-Anon	S-Anon	S-Anon	S-Anon	S-Anon	Multi-Use	Multi-Use	Multi-Use	Multi-Use	
Friday												
3:00 - 3:50		*Keep an Open Mind CTC p147	WSC	*Discovery: Now What? ROH p194			Quiet Room					
4:00 - 4:50		We Are Not Alone ROH p12 & 362		*Getting Off the Roller Coaster ROH p329		"Avoiding gossip" Tradition 10, 12 Traditions p143 (5th story)	Quiet Room					
5:00 - 5:50	S-Ateen Teen & Parent/Guardian Orientation *REQUIRED*	*Just for Today ROH p42		*Do "I" Beed to Change? ROH p26	Powerless, Not Helpless ROH p21	"I Can't Force Others Into Recovery" 12 traditions, p156 (4th story)	Quiet Room					
6:00 - 7:00	Dinner							Dinner				
7:00 - 8:20								*Speakers				
8:30 - 9:30	Welcome to S-Ateen/Step One Come to Birthday meeting for 15 min		BIRTHDAY Celebration									
9:40 - 10:30		*The 3 C's ROH p131				I'm Just as Important Tradition 1 ROH p103	Quiet Room				COUPLES MEETING Are You My Higher Power? ROH p.128 & RC 61-63	
Saturday												
6:45 - 7:15							Quiet Room					
7:20 - 8:10		*First Things First ROH p139	Meditation in Action ROH p136	*Overcoming Complacency ROH p339	Program Works for Me ROH p. 279		Quiet Room					
8:20 - 9:10		*Turn Life Over ROH p18	I Am Enough ROH p265 & 355	*Men in S-Anon ROH p7	WELCOME THE NEWCOMER Newcomer Packet ROH p146	"Independent, But Not Over-Responsible" Tradition 4, ROH p190	Quiet Room		Anonymity with Social Media	JOINT MEETING Am I Both?: SA & S-Anon S-Anon Problem & ESSAY 9/2017 pp. 22-23		
9:20 - 10:35	S-Ateen What It's Like To Be Me	*Expectations are Premeditated Resentments ROH p130	Workshop: 4th Step	*Self - Care: Why It's important ROH p175	"Making Lemonade" ROH p222	"Letting GO of Judgement" Tradition 3 12 Traditions p41-42	"Parking Lot"	The Other Side of the Street SA Panel for S-Anon's (Open Meeting)		Recovery Through Service		



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10:45 - 12:00		*"Keep it Simple" ROH p105	Tradition 5: "Helping Others in a Healthy Way" GB p32	*Hoping in a Higher Power GB p39	Growing Attitude of Honesty ROH p150	"My Opinion is Valuable" Tradition 2 ROH p260	"Parking Lot"				COUPLES MEETING Emotional Intimacy ROH p181 & WB p153-154	
12:00 - 1:00	Lunch							Lunch				
1:00 - 2:25								*Speakers				
2:30 - 3:20		*How Important Is It? ROH p105	What is an S-Anon Slip? ROH p327	*Self Forgiveness ROH p210	Single Again ROH p53	"Principles Over Personalities for Better Relationships" 12 Traditions p173-174 (last story)	Quiet Room		JOINT MEETING How to Host an International Convention	JOINT MEETING Dating in Recovery ROH p323 & ESSAY 9/2014 p13-16		
3:30 - 4:45	S-Ateen Steps Two and Three	*"Let God Do for You What You Can Not Do for Yourself" Blue Book p74	Defining Healthy Sexuality ROH p292	*Secrets - Exposing Them to Heal ROH p358	Step 7: Pride and Fear ROH p121	"Finding Myself and My Voice" Tradition 6 12 Traditions, p78-79 (2nd story)	"Parking Lot"	The Other Side of the Street S-Anon Panel for SA's (Open Meeting)	Facing the Unwanted Knock at the Door			
5:00 - 5:50		*H.A.L.T. ROH p195	Three A's (Awareness, Acceptance & Action) ROH p283	*Overcoming Fear of Intimacy ROH p292	Step 6: "Trust the Process" ROH p129	"Avoiding Outside Issues for Better Relationships" 12 Traditions p143-144 (last story)	"Parking Lot"	Variety Show practice		JOINT MEETING Overcoming Shame ROH p196 & SIA 105-106		
6:00 - 7:00	Dinner							Dinner				
7:00 - 8:25								*Speakers				
8:30 - 10:00	Fellowship or Variety Show in the Marquis Ballroom						Quiet Room	Variety Show				
8:45 - 9:50			Maintaining Unity at Home ROH p297			"Equals among Equals: Helping Others, Helping Ourselves" 12 Traditions, p115-117	Quiet Room	Variety Show (8:30-10:00)				
10:00 - 10:50		*Progress Not Perfection ROH p258				"Self Support Leads to Healthy Relationships" 12 Traditions, p96 (4th story)	Quiet Room				COUPLES MEETING Healthy Sexuality ROH p124 & Essay 9/2014 p12-13	



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Sunday											
6:45 - 7:15							Quiet Room				
7:20 - 8:05		*It Works When You Work It ROH p95		*When My Qualifier Isn't in Recovery ROH p13 & 36	Out of Balance ROH p138		Quiet Room				
8:10 - 9:00		*Keep Coming Back ROH p23	Carry The Message ROH p264	*Enjoying my Recovery ROH p336	Solid Foundation ROH p. 215	Estableciendo límites ROH p97 Español	Quiet Room				
9:10 - 10:00	Gifts of the S-Ateen Program and Gifts from the Convention	*Let It Begin with Me CTC p337	Using Our Voice Without Controlling 12 Traditions, p132-133	*"Honoring My Feelings" ROH p71	"Interfering in Others' Lives" Tradition 5 CTC p194	Herramientas del programa ROH p125 Español	"Parking Lot" Long Timers Experience			JOINT MEETING Sobriety & Serenity Go Hand in Hand ROH 86, 240, & 327 & ESSAY 10/2023 p21-22	
10:15 - 11:30								*SPEAKERS AND CLOSING			
12:30 - 2:30										IC Step 10 Review (Wrap Up Meeting)	

Readings and Abbreviation Key

12 Traditions	S-Anon 12 Traditions	CTC	Courage to Change	IC	International Committee
Blue Book	S-Anon Twelve Steps	GB	Working the S-Anon Program	ROH	Reflections of Hope

Color Key

* Recording	S-Anon Only Meeting	Women Only	Multi-Program Meeting	Open Attendance Meetings	Committee Meeting	SA Only Meeting
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