

We
WELCOME

you to:



We are excited to gather together to promote healing, growth, and true fellowship. Our goal is to provide a safe space that encourages connection and honesty. We invite you to connect with others who share your journey. We extend a special SoCal welcome to newcomers and those attending in person for the first time. We understand the courage it takes to change. We hope this weekend brings you a sense of belonging, support, and encouragement as you begin to heal. We are honored to have you here!

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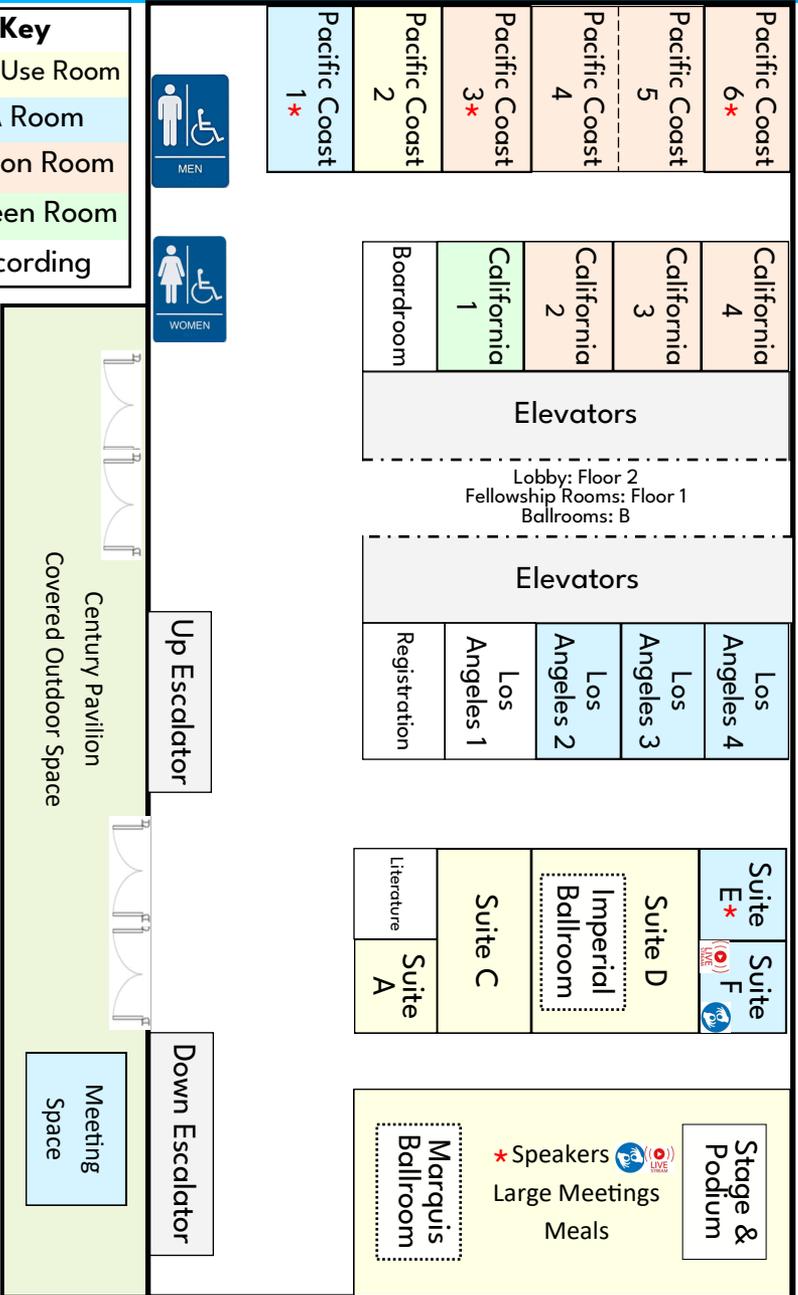


For details or questions,
please visit
<https://iclosangeles2024.com/>

Convention Map

Key

Multi-Use Room
SA Room
S-Anon Room
S-Ateen Room
* Recording



Meeting Etiquette

To ensure the success of this conference, it's essential that we, as a group, are mindful of one another. This includes our words, actions, respect for personal space, and attire.

We remind each member of the obstacles to recovery and ask each member to avoid discussing any religious denominations. Our primary purpose is to help ourselves and fellow members. We keep the focus on ourselves and tell how we solved similar problems through our experiences using "I and me" statements.

Guidelines for Sharing:

We kindly request that participants take turns sharing and respect the allocated time. By focusing on ourselves, we contribute to the collective recovery effort. Throughout the weekend, our focus remains on recovery, and we encourage the use of generalizations when referencing external sources (other than Conference Approved Literature), authors, institutions, or programs.

Please consult the Meeting Guidelines specific to your program. Sexaholics Anonymous guidelines are outlined on page 188 of the white book; S-Anon guidelines can be found on pages 116-117 of *Working the S-Anon Program*.

Cell Phones:

Please ensure cell phones and alarms are silenced during meetings and in quiet rooms. During the conference, we ask that you refrain from any audio or video recording on your cell phone or other devices.

Closing reminder:

This is an anonymous program. We ask all members to respect our anonymity. The stories you hear are told in confidence and should not be repeated outside, including to spouses or family members. They are told so that we might better understand this program and ourselves, and to give encouragement and help to the newcomer, so that we may keep what we have been given.

Working the S-Anon Program p. 118



Code of Conduct

SoCal Intergroup maintains a zero-tolerance policy towards bullying, harassment, or any behavior conflicting with recovery and fellowship unity. We desire to have all members, regardless of their fellowship to feel safe and respected. We urge members to be mindful of their use of sarcasm, disparaging jokes, and trivializing betrayal and trauma.

If you encounter behavior that violates these principles, consider the following steps:

1. Address the behavior directly: Recovery members have the right to request that offensive behavior cease.
2. Inform the alleged offender promptly: If you're uncomfortable addressing the issue directly, seek assistance from an experienced member.
3. Respond with openness: If someone approaches you regarding your behavior, listen to their concerns and consider adopting an attitude of gratitude.

Need to Know

7th Tradition: There will be 3 collections during evening speaker meetings S-Anon, SA, SACFC. The fellowship room will be accepting donations as well.

Accessibility and Live Stream: The SA Fellowship is providing this service for SA's, please see page 10 for more information.

Concierge: The concierge team is here to welcome you and assist with anything you need throughout the convention. Look for team members with "Ask Me" buttons or visit our table near the registration area for announcements, information, lost-and-found, and help with any questions, outside of major convention gatherings and meal times. Concierge is here to help ensure you have a smooth and enjoyable convention experience!

Evaluation Forms: We value your feedback and would appreciate it if you could take a few moments to fill out our evaluation form at <https://forms.gle/YSZubaySLLCNeh6h8> or visit the concierge to pick up a paper copy.

Fellowship Rooms: Visit the Fellowship Area on the first floor (different from the ballroom floor). You can take the stairs or the elevator. *Rooms 104 and 110* are for socializing, complimentary snacks, and coffee. Snacks are not meant to be a replacement for breakfast, lunch, or dinner. We welcome 7th tradition donations. Hours:

Friday: 3-5:50pm,

Saturday: 6am-noon, 2:30-5:50pm

Sunday: 6-10:30am

Literature: Explore our Literature Room in *Imperial Ballroom B* for additions to your recovery collection. We accept cash and credit cards payments. Hours:

Friday: 3-6pm

Saturday: 8-11:45am, 2:30-5:45pm, 8:30-9:30pm

Sunday: 8-10am

Meals: If you purchased the meal plan, you may enjoy Friday dinner, Saturday lunch, and Saturday dinner in the *Marquis Ballroom*. Conferences name badges are required as they will identify those with special dietary restrictions.

Otherwise, there are several dining options available within the hotel, including Starbucks (5am-5pm), A La Carte Mobile Dining (6-10:30am & 11am-12am), Hangar 18 Bar + Kitchen (11am-12am), JW Steakhouse, and Social Market & Eatery (5-10pm for dinner). Nearby, there is Trimana, Jersey Mike's, and Zpizza. The Hilton next door also offers dining at Andiamo's and Landings Bar and Grill.

Parking: The daily parking fee is \$25, which will be added to the room receipt for hotel guests. Each room key grants access to the parking garage. **Non-hotel guests** can obtain a discounted pass from the Concierge; each use of the parking facility will incur a \$25 fee.

Quiet Rooms: Quiet rooms are available for meditation, journaling, and one-on-one conversations. SA has designated Los Angeles 4 for this purpose, except during major convention events. S-Anon has reserved *California 4* (see page 18 for more details). These rooms will not be monitored, so please respect others' need for quiet reflection.

Recordings: A table for Lee's Recording is located in the hall space near the *Marquis Ballroom*. Please visit the table, which will offer past and present recordings for sale, and will be open throughout the convention.

Recorded Sessions: Rooms that will be recorded are Imperial Ballroom E, Pacific Coast 1, Pacific Coast 3, Pacific Coast 6, and the *Marquis Ballroom*. The *Marquis Ballroom* will only be recording during the speaker meetings. During the other recorded meetings, there will be a microphone present to record participants shares. Please follow the instructions by the leader. Thank you in advance for participation in these meetings. The topic and the shares will be recorded and be available for sale by Lee's Recording.

Registration: Registration hours are Friday noon to 9:30pm and Saturday from 7am to noon. Visit the tables near the elevators to pick up your badge. Wearing your badge in the conference area is essential to ensure everyone's safety and a requirement for all meal service.

Sexaholics Anonymous Correctional Facilities Committee (SACFC): "The SACFC is a national committee made up of local members who are dedicated to carrying the SA message to incarcerated sexaholics." Visit www.sa.org/corrections/ or their table in the literature room for more information. We will also hold a special donation for the SACFC during a speaker meeting.

S-Ateen: In addition to your schedule on page 11, please feel free to join any S-Anon scheduled meeting on pages 12–17.

Temporary Sponsors: If you are willing to be a temporary sponsor, please see the registration desk to receive a blue ribbon to add to your name badge. Thank you for your service!
If you are **Looking for a Temporary Sponsor:** Look for attendees with a blue ribbon at the bottom of their name badge. Recognizing the value of having a Sponsor, we hope this service will support your recovery during our Convention.

Workshops: Come prepared for an interactive experience. Please feel free to bring your favorite pen and notebook (This won't be needed for the SA meditation workshop).

4th ANNUAL SA • S-ANON

Life Will Take on
New Meaning

WINTER CONFERENCE
SARASOTA

SAVE THE DATE
Jan 31-Feb 02 | 2025

WINTERCONFERENCE.NET

Types of Meetings

The map and schedule are color-coded for ease of use. Please take note of your fellowship color. We ask that all attendees respect the individual fellowships by only attending the fellowship that you registered for.

Throughout this pamphlet, colors are used to indicate specific fellowships: blue for the SA fellowship, peach for S-Anon, and green for S-Ateen. Yellow indicates various uses and generally means that attendance isn't program-dependent. Please see below and follow the instructions given by the meeting leader.

SA Meetings: For SA members only.

S-Anon Meetings: For S-Anon members only.

S-Ateen Meetings: For S-Ateen members only.

Mixed-Use Rooms: These rooms are available for both fellowship and meetings. Both fellowships will be using these rooms.

Speaker Meetings: Everyone is invited to attend and listen to speakers from SA and S-Anon.

Couples Meetings: Members in relationships share their experiences, strengths, and hopes on topics such as communication, trust, forgiveness, honesty, commitment, and healthy sexuality, as outlined on S-Anon.com and in the SA sharing guidelines. Both partners are invited to attend. When both are present, one member may share, and their partner is also welcome to share how the topic relates to their relationship. If only one partner is present, we ask you to listen and not share.

Joint Meetings: Led by both programs, these meetings are open to all members for attendance and participation.

Open meetings: All conference attendees are welcome to attend an open meeting, but may not be allowed to share until the end of the meeting. If you attend these meetings, please follow the instructions provided by the meeting leaders.

Abbreviation Key

*	Meeting is being recorded
12 Traditions	S-Anon 12 Traditions
12&12	12 Steps & 12 Traditions
BB	Alcoholics Anonymous (the big book)
Blue Book	S-Anon 12 Steps
CTC	Courage to Change
DBGO	Dr Bob & the Good Oldtimers
DR	Daily Reflection
DSR	Daily Sobriety Renewal
ESSAY	SA Fellowship Magazine
GB	Working the S-anon Program
Grapevine	AA Fellowship Magazine
PGGR	Practical Guidelines for Group Recovery (Pamphlet)
PI & O	Public Information & Outreach
PIC	Public Information Committee
PRT	Practical Recovery Tools
RC	Recovery Continues
ROH	Reflections of Hope
SACM	SA Check Meeting (Pamphlet)
SIA	Step Into Action
The "God" Word	AA Pamphlet
tRC	The Real Connection
WB	SA White Book

S-Anon Regions and Areas

S-ANON
International



Family Groups

Region & Areas The North America Service Areas

Represented Regions: Midwest, Southeast, Southwest, West

Vacant Regions: Central Eastern Canada, Western Canada, Northeast, Northwest

Represented Areas: Arkansas, Arizona, Colorado, Georgia, Illinois, Indiana, Kansas, Kentucky, Missouri, New Jersey, New Mexico, New York, Ohio, Ontario, Southern California, Tennessee, Texas, Virginia, Online, Phone

Vacant Areas: Alberta, British Columbia, Manitoba, Prince Edward Island, Quebec, Saskatchewan, Alabama, Alaska, Connecticut, Delaware, Florida, Hawaii, Iowa, Louisiana, Massachusetts, Michigan, Minnesota, Mississippi, Montana, Nebraska, Nevada, North Carolina, Northern California, Oklahoma, Oregon, Pennsylvania, South Carolina, Utah, Washington, West Virginia, Wisconsin

Areas currently without any S-Anon Groups:

New Brunswick, Newfoundland, Northwest Territories, Nova Scotia, Nunavut, Yukon, District of Columbia, Idaho, Maine, Maryland, New Hampshire, North Dakota, South Dakota, Rhode Island, Vermont, Wyoming

(Only Areas with Registered S-Anon Groups receive representation.)



California 4 will host both the Quiet Room and the "Parking Lot." The Quiet Room offers a space for reflection or one-on-one conversations, while the "Parking Lot" is designed for group discussions. The room will be equipped with tables and chairs to meet your needs. Please check the schedule for the room's designated purpose at specific times.

S-Ateen Schedule

Friday

5:00 - 5:50

REQUIRED S-Ateen Teen & Parent/Guardian Orientation, *California 1*

6:00 - 7:00

Dinner: Meal Plan members proceed to the *Marquis Ballroom*

7:00 - 8:20

*Speakers, *Marquis Ballroom*

8:30 - 8:45

Birthday Celebration, *Pacific Coast 4 & 5.*

8:45 - 9:30

Welcome to S-Ateen/Step One, *California 1*

Saturday

9:20 - 10:35

What It's Like To Be Me, *California 1*

12:00- 1:00

Lunch: Meal Plan members go to the *Marquis Ballroom*

1:00 - 2:25

*Speakers, *Marquis Ballroom*

3:30 - 4:45

Steps Two and Three, *California 1*

5:00 - 5:50

Variety show final sign-up & practice—attendance is mandatory for performers, *Marquis Ballroom*

6:00 - 7:00

Dinner: Meal Plan members proceed to the *Marquis Ballroom*

7:00 - 8:20

*Speakers, *Marquis Ballroom*

8:30 - 10:00

Fellowship, *California 1*

Variety Show, *Marquis Ballroom*

Sunday

9:10 - 10:00

Gifts of the S-Ateen Program & Gifts from the Convention, *California 1*

10:15 - 11:30

*Speakers, *Marquis Ballroom*

S-Anon Friday Schedule

3:00 - 3:50

*Keep an Open Mind, *Pacific Coast 3*, CTC p. 147

*Discovery: Now What?, *Pacific Coast 6*, ROH p. 194

Quiet Room, *California 4*

4:00 - 4:50

We Are Not Alone, *Pacific Coast 3*, ROH p. 12 & 362

*Getting Off the Roller Coaster, *Pacific Coast 6*, ROH p. 329

Avoiding Gossip, Tradition 10, *California 3*, 12 Traditions p. 143
(5th story)

Quiet Room, *California 4*

5:00 - 5:50

*Just for Today, *Pacific Coast 3*, ROH p. 42

I Can't Force Others Into Recovery, *California 3*, 12 traditions, p.
156 (4th story)

*Do "I" Need to Change?, *Pacific Coast 6*, ROH p. 26

Powerless. Not Helpless, *California 2*, ROH p. 21

Quiet Room, *California 4*

6:00 - 7:00

Dinner: Meal Plan members proceed to the *Marquis Ballroom*

7:00 - 8:20

*Speakers, *Marquis Ballroom*

8:30 - 9:30

Birthday Celebration, *Pacific Coast 4 & 5*

9:40- 10:30

COUPLES MEETING: Are You My Higher Power, *Imperial Ball-
room D*, ROH p. 128 RC pp. 61-63

*The 3 C's, *Pacific Coast 3*, ROH p. 131

I'm Just as Important, Tradition 1, *California 3*, ROH p. 103

Quiet Room, *California 4*

S-Anon Saturday Schedule

6:30 - 7:10

Quiet Room, *California 4*

7:20 - 8:10

*First Things First, *Pacific Coast 3*, ROH p. 139

Meditation in Action, *Pacific Coast 4 & 5*, ROH p. 136

*Overcoming Complacency, *Pacific Coast 6*, ROH p. 339

Program Works for Me, *California 2*, ROH p. 279

Quiet Room, *California 4*

8:20 - 9:10

JOINT MEETING: Am I Both?: SA & S-Anon, *Imperial Ballroom C*,
S-Anon Problem & ESSAY 9/2017 pp. 22-23

WELCOME THE NEWCOMER, *California 2*, Newcomer Packet &
ROH p. 146

*Turn Life Over, *Pacific Coast 3*, ROH p. 18

I am Enough, *Pacific Coast 4 & 5*, ROH pp. 265 & 355

*Men in S-Anon, *Pacific Coast 6*, ROH p. 7

"Independent, but Not Over-responsible," Tradition 4," *California 3*, ROH p.190

Anonymity with Social Media, *Imperial Ballroom A*

Quiet Room, *California 4*

9:20 - 10:35

The Other Side of the Street SA Panel for S-Anon's
(Open Meeting), *Marquis Ballroom*

*Expectations are Premeditated Resentments, *Pacific Coast 3*,
ROH p. 130

Workshop: 4th Step, *Pacific Coast 4 & 5*

*Self-Care: Why It's Important, *Pacific Coast 6*, ROH p. 175

cont...

...cont. 9:20 - 10:35

"Making Lemonade," *California 2*, ROH p. 222

"Letting GO of Judgement" Tradition 3, *California 3*, 12 Traditions pp. 41-42

Recovery Through Service, *Imperial Ballroom C*

"Parking Lot," *California 4*

10:45 - 12:00

COUPLES MEETING: Emotional Intimacy, *Imperial Ballroom D*, ROH p.181 & WB pp. 153-154

*"Keep it Simple," *Pacific Coast 3*, ROH p. 105"

Tradition 5: "Helping Others in a Healthy Way", *Pacific Coast 4 & 5*, GB p. 32

*Hoping in a Higher Power, *Pacific Coast 6*, GB p. 39

Growing Attitude of Honesty," *California 2*, ROH p. 150

My Opinion is Valuable, Tradition 2, *California 3*, ROH p. 260

"Parking Lot," *California 4*

12:00 - 1:00

Lunch: Meal Plan members proceed to the *Marquis Ballroom*

1:00 - 2:25

*Speakers, *Marquis Ballroom*

2:30 - 3:20

JOINT MEETING: How to Host an International Convention, *Imperial Ballroom A*

JOINT MEETING: Dating in Recovery, *Imperial Ballroom C*, ROH p. 323 & ESSAY 9/2014 pp. 13-16

*How Important is It?, *Pacific Coast 3*, ROH p. 105

What is an S-Anon Slip?, *Pacific Coast 4 & 5*, ROH p. 327

*Self Forgiveness, *Pacific Coast 6*, ROH p.210

Single Again, *California 2*, ROH p. 53

"Principles Over Personalities for Better Relationships," *California 3*, 12 Traditions pp. 173-174 (last story)

Quiet Room, *California 4*

3:30 - 4:45

The Other Side of the Street S-Anon Panel for SA's (Open Meeting: anyone can come, S-Anon can share), *Marquis Ballroom*,

*"Let God Do for You, What You Cannot Do for Yourself," *Pacific Coast 3*, Blue Book p. 74

Defining Healthy Sexuality, *Pacific Coast 4 & 5*, ROH p. 292

*Secrets - Exposing Them to Heal, *Pacific Coast 6*, ROH p. 358

Step 7: Pride and Fear, *California 2*, ROH p. 121

"Finding Myself and My Voice" Tradition 6, *California 3*, 12 Traditions, pp. 78-79 (2nd story)

Facing the Unwanted Knock at the Door, *Imperial Ballroom A*

"Parking Lot," *California 4*

5:00 - 5:50

Variety Show final sign up & practice—attendance is mandatory for performers, *Marquis Ballroom*

JOINT MEETING: Overcoming Shame, *Imperial Ballroom C*, ROH p. 196 & 12&12 pp. 44-45

*H.A.L.T., *Pacific Coast 3*, ROH p.195

Three A's (Awareness, Acceptance & Action), *Pacific Coast 4 & 5*, ROH p. 283

*Overcoming Fear of Intimacy, *Pacific Coast 6*, ROH p.292

Step 6: "Trust the Process," *California 2*, ROH p. 129

"Avoiding Outside Issues for Better Relationships," *California 3*, 12 Traditions pp. 143-144 (last story)

"Parking Lot," *California 4*

6:00 - 7:00

Dinner: Meal Plan members proceed to the *Marquis Ballroom*

7:00 - 8:25

*Speakers, *Marquis Ballroom*

8:30 - 9:50

Variety Show

8:45 - 9:50

Variety show (8:30-10:00), *Marquis Ballroom*

Maintaining Unity at Home, *Pacific Coast 4 & 5*, ROH p. 297

"Equals Among Equals: Helping Others, Helping Ourselves,"
California 3, 12 Traditions, pp. 115-117

Quiet Room, *California 4*

10:00 - 10:50

COUPLES MEETING: Healthy Sexuality
ROH p.124 & Essay 9/2014 pp. 12-13

*Progress Not Perfection, *Pacific Coast 3*, ROH p. 258

"Self Support Leads to Healthy Relationships," *California 3*, 12
Traditions, p. 96 (4th story)

Quiet Room, *California 4*

S-ANON Sunday Schedule

6:45 - 7:15

Quiet Room, *California 4*

7:20 - 8:05

*It Works When You Work It, *Pacific Coast 3* ROH p. 95

*When My Qualifier Isn't in Recovery, *Pacific Coast 6*, ROH pp.
13 & 36

Out of Balance, *California 2*, ROH p. 138

Quiet Room, *California 4*

8:10 - 9:00

*Keep Coming Back, *Pacific Coast 3*, ROH p. 23

Carry the Message, *Pacific Coast 4 & 5*, ROH p. 264

*Enjoying My Recovery, *Pacific Coast 6*, ROH p. 336

cont...

... cont. 8:10 - 9:00

Solid Foundation, *California 2*, ROH p. 215

Español: Estableciendo Límites, *California 3*, ROH p. 97

Quiet Room, *California 4*

9:10 - 10:00

JOINT MEETING: Sobriety & Serenity Go Hand in Hand
ROH 86, 240, & 327 & ESSAY 10/2023 21-22

*Let It Begin with Me, *Pacific Coast 3*, CTC p. 337

Using Our Voice without Controlling, *Pacific Coast 4 & 5*, 12 Traditions, pp. 132-133

*"Honoring My Feelings," *Pacific Coast 6*, ROH p. 71

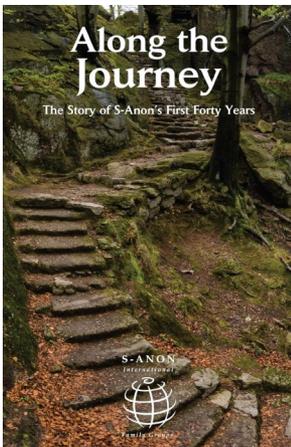
"Interfering in Others' Lives" Tradition 5, *California 2*, CTC p. 194

Español: Herramientas del Programa, *California 3*, ROH p. 125

"Parking Lot" Long Timers Experience, *California 4*

10:15 - 11:30

*Speakers and Closing, *Marquis Ballroom*



The story of the collective spiritual journey of the S-Anon fellowship from its beginning in 1983, documenting the challenges and triumphs of its growth through 2023 .

The Literature Store in Imperial Ballroom Suite B, has a collection of new and old books, including the English and Spanish versions.

We are open from Friday 3-6pm, Saturday 8-11:45am, 2:30-5:45, 8:30-9:30pm, & Sunday 8-10am.

SA Schedule Facts

The schedule below lists the meeting names and their respective *rooms*. For a better understanding of each meeting, see the SA Meeting Descriptions following the schedule.

The SA Quiet Room will be in *Los Angeles 4*. It will be open during all regular meetings. It will be closed during the speaker meetings and the variety show.

Accessibility and Live Stream: Available exclusively to the SA Fellowship, this service will be hosted on Saturday & Sunday, in the Imperial Ballroom - Suite F. The *Marquis Ballroom* will be included for the Saturday SA speakers only.

This special service offers a limited opportunity for those with hearing and/or visual disabilities to join these select meetings using audio livestreaming and American Sign Language (ASL) interpretation on Saturday, and audio livestreaming on Sunday.

To join this special opportunity, you must register using this link: https://us02web.zoom.us/webinar/register/WN__y8JQDI1R0mogS5bAUDjKA

After registering, you will receive a confirmation email with a unique, one-device link. You are registering for all the noted meetings in the specified rooms and may join any or all of them.



For questions or more information, email sa.convention.livestream@gmail.com



SA Friday Schedule

3:00 - 3:50

Q&A: Welcome to Your First International Convention!, *Los Angeles 2*

*Real Sexaholics, *Imperial Ballroom E*

Looking at My Disturbance, *Imperial Ballroom F*

How Service Jumpstarted My Recovery, *Pacific Coast 2*

4:00 - 4:50

*Defensiveness, Pride, and Purposeful Forgetting, *Imperial Ballroom E*

Working My Program While Traveling, *Imperial Ballroom F*

*The Pains of Growing Up, *Pacific Coast 1*

Willpower has Failed Us, *Pacific Coast 2*

Unity Despite Diverse Acting Out Behaviors, *Los Angeles 2*

Experience, Strength, and Hope on the Patio- Conversations with an Old Timer (20+ years), *Century Pavilion*

5:00 - 5:50

*Courage to Change, *Imperial Ballroom E*

The Spirit of Anonymity, *Imperial Ballroom F*

*Learning Self-Restraint, *Pacific Coast 1*

Beyond Feelings: An Attitude in Action, *Pacific Coast 2*

Women Only* Navigating SA as a Woman, *Los Angeles 2*

Experience, Strength, and Hope on the Patio- Conversations with an Old Timer (20+ years), *Century Pavilion*

6:00 - 7:00

Dinner: Meal Plan members proceed to the *Marquis Ballroom*

7:00 - 8:20

*Speakers, *Marquis Ballroom*

8:30 - 9:30

Birthday Celebration, *Marquis Ballroom*

9:40- 10:30

COUPLES MEETING: Are You My Higher Power, *Imperial Ballroom D*, ROH p. 128 RC pp. 61-63

*Surrender: The Key to this Spiritual Program, *Pacific Coast 1*

Victim No Longer: Childhood Sexual Trauma, *Pacific Coast 2*

SA Saturday Schedule

6:30-7:10

Morning Meditation: Daily Reflections, *Imperial Ballroom F*

Morning Meditation: The Real Connection, *Pacific Coast 2*

7:20-8:10

Taking Our Daily Inventory, *Imperial Ballroom C*

My Ego in Rebellion, *Imperial Ballroom F*

*What is a Check Meeting & How Do They Work?, *Pacific Coast 1*

Concrete Actions of the Steps *Pacific Coast 2*

8:20-9:10

JOINT MEETING: Am I Both?: SA & S-Anon, *Imperial Ballroom C*,
S-Anon Problem & ESSAY 9/2017 pp. 22-23

Healthy Friendships Between Men and Women, *Imperial Ballroom D*

*Sobriety with Boundaries Around Technology, *Imperial Ballroom E*

Self-Centered Conversation, *Imperial Ballroom F*

*An Antidote to Shame, *Pacific Coast 1*

The Dangers of Subtle Resentment, *Los Angeles 2*

Experience, Strength, and Hope on the Patio- Conversations with
an Old Timer (20+ years), *Century Pavilion*

9:20-10:35

The Other Side of the Street SA Panel for S-Anon's (Open Meeting:
anyone can come, S-Anon can share), *Marquis Ballroom*,

Practicing Healthy Interactions in Program, ^Open meeting for
Women Only^, *Los Angeles 2*

CFC: Sponsor by Mail, *Imperial Ballroom A, Panel*

Roy K. Shares on a Key to His Recovery, *Imperial Ballroom D*

*How Feelings Affect My Recovery, *Imperial Ballroom E*

Uncovering God Through My Defects *Imperial Ballroom F*

cont...

...cont. 9:20-10:35

*(part 1) Fitting Ourselves to Be of Maximum Service: An introduction to the 12 Concepts and the SA Service Structure (Part 2 will follow in the same room), *Pacific Coast 1*

Workshop: The Shame Inventory, *Pacific Coast 2*

Sharing Our Solutions: An Innovative SA Meeting Format, *Los Angeles 3*

Experience, Strength, and Hope on the Patio- Conversations with an Old Timer (20+ years), *Century Pavilion*

10:45-12:00

COUPLES MEETING: Emotional Intimacy, *Imperial Ballroom D*, ROH p.181 & WB pp. 153-154

PIC: Recovery is Recovering Together: A Workshop on Mixed Settings, *Imperial Ballroom A*

Worthy of Self-Care , *Imperial Ballroom C*

*Sponsors: Getting One, Having One, Being One, *Imperial Ballroom E*

Key to the Program: Willingness, *Imperial Ballroom F*

*(part 2) Fitting Ourselves to Be of Maximum Service: An Introduction to the 12 Concepts and the SA Service Structure, *Pacific Coast 1*

Workshop: Inventorying My Fears *Pacific Coast 2*

Must I Believe in a Higher Power?, *Los Angeles 2*

Having Fun in Recovery, *Los Angeles 3*

Experience, Strength, and Hope on the Patio- Conversations with an Old Timer (20+ years), *Century Pavilion*

12:00-1:00

Lunch: Meal Plan members proceed to the *Marquis Ballroom*

1:00 -2:25

*Speakers, *Marquis Ballroom*

2:30 -3:20

JOINT MEETING: How to Host an International Convention, *Imperial Ballroom A*

JOINT MEETING: Dating in Recovery, *Imperial Ballroom C*, ROH p. 323 & ESSAY 9/2014 pp. 13-16

Lust Based Decisions "LBD's," *Imperial Ballroom D*

*Imperfect and Worthwhile, *Imperial Ballroom E*

Someone to Bear My Guilt, *Imperial Ballroom F*

*Humility: Don't Take Yourself Too Damn Seriously!, *Pacific Coast 1*

Honesty and Vulnerability in Our Group, *Pacific Coast 2*

Same-sex Attraction and Its Allies, *Los Angeles 2*

What does Lust Look Like?, *Los Angeles 3*

Experience, Strength, and Hope on the Patio- Conversations with an Old Timer (20+ years), *Century Pavilion*

3:30 - 4:45

The Other Side of the Street S-Anon Panel for SA's (Open Meeting: anyone can come, SA's can share), *Marquis Ballroom*

SIP: How to Host Panels in Your Area, *Imperial Ballroom C*

The Draw of Passive Lust, *Imperial Ballroom D*

*Doing a Regular Group Inventory to Promote a Healthy Meeting, *Imperial Ballroom E*

Misery Transformed by Humility, *Imperial Ballroom F*

*Sobriety is only the Beginning, *Pacific Coast 1*

What's Worked for Me as a Sponsor, *Pacific Coast 2*

Sobriety Feels Weird, *Los Angeles 2*

Experience, Strength, and Hope on the Patio- Conversations with an Old Timer (20+ years), *Century Pavilion*

5:00 - 5:50

Variety Show final sign up & practice—attendance is mandatory for performers, *Marquis Ballroom*

JOINT MEETING: Overcoming Shame, *Imperial Ballroom C, ROH* p. 196 & 12&12 pp. 44-45

SAICO: Summary of SA Today, *Imperial Ballroom A*

Urgency and Aggressive Conversations, *Imperial Ballroom D*

*Single and NOT Dating, *Imperial Ballroom E*

When Sober Members Let You Down, *Imperial Ballroom F*

*Achieving Emotional Sobriety, *Pacific Coast 1*

Workshop: Learning to Meditate, *Pacific Coast 2*

DSR Partners: Strengthening My Recovery, *Los Angeles 2*

Can Temptation be a Gift?, *Los Angeles 3*

Experience, Strength, and Hope on the Patio- Conversations with an Old Timer (20+ years), *Century Pavilion*

6:00 - 7:00

Dinner: Meal Plan members proceed to the *Marquis Ballroom*

7:00 - 8:25

*Speakers, *Marquis Ballroom*

8:30 -10:00

Variety Show

8:45 - 9:50

Right Feelings Following Right Action, *Pacific Coast 2*

10:00-10:50

COUPLES MEETING: Healthy Sexuality, *Imperial Ballroom C, ROH* p.124 & Essay 9/2014 pp. 12-13

Sweeping Away the Debris, Imperial Ballroom F, BB pp. 76-78

*Surrendering Not Eradicating Our Defects , *Pacific Coast 1, WB* pp. 117-118, & 131

SA Sunday Schedule

6:45 - 7:15

Morning Meditation: Daily Reflections, *Imperial Ballroom F*

Morning Meditation: The Real Connection, *Pacific Coast 2*

7:20 - 8:05

Simple Insurance Against A Slip, *Imperial Ballroom F*

*Receiving Forgiveness, Accepting Love, *Pacific Coast 1*

A Vital Spiritual Experience, *Pacific Coast 2*

8:10 - 9:00

Why Not a Little Lust?, *Imperial Ballroom C*

*Bypassing the Roadblocks to Forgiving, *Imperial Ballroom E*

Fellowship was Essential from the Beginning, *Imperial Ballroom F*

*The Adventure of Reality, *Pacific Coast 1*,

Facing Legal Issues in Recovery, *Pacific Coast 2*

Experience, Strength, and Hope on the Patio- Conversations with an Old Timer (20+ years), *Century Pavilion*

Español: Por qué Nuestra Definición de Sobriedad?, *Los Angeles 2*

9:10 - 10:00

JOINT MEETING: Sobriety & Serenity Go Hand in Hand, *Imperial Ballroom C*

The Danger of Quietly Separating from Others, *Imperial Ballroom D*

*Before, During, and After Separation or Divorce, *Imperial Ballroom E*

Learning Responsibility with Compassion *Imperial Ballroom F*

*How My Higher Power Sees Me, *Pacific Coast 1*

Finding Real Satisfaction and Meaning, *Pacific Coast 2*

cont...

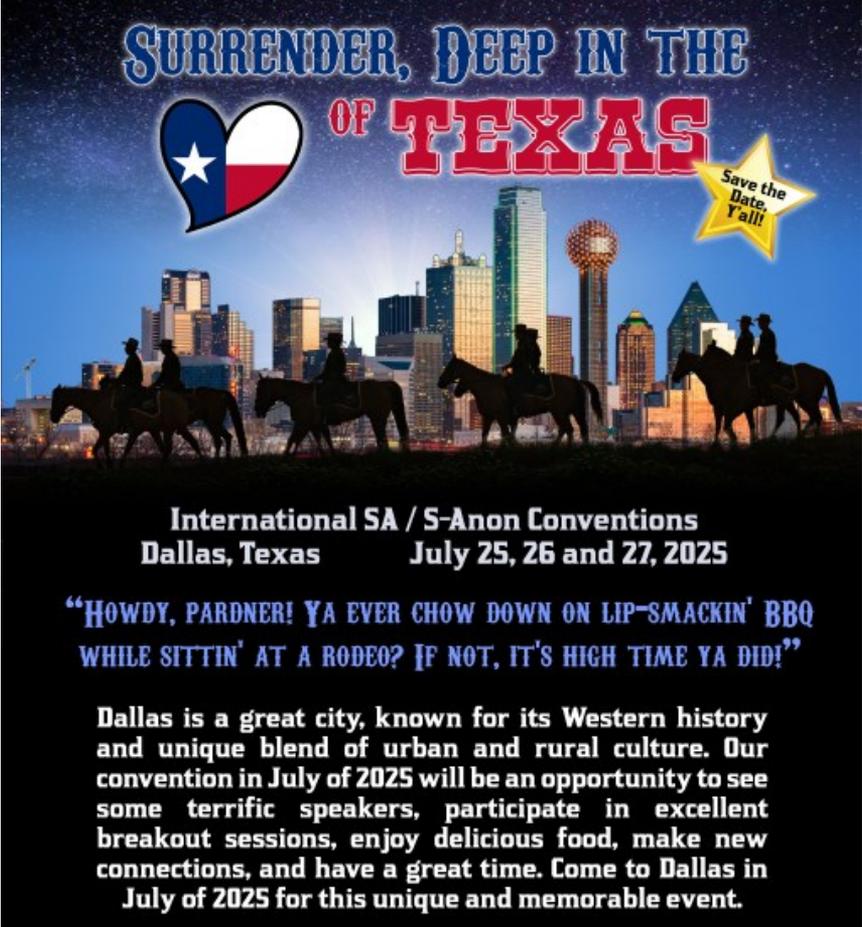
cont... 9:10 - 10:00

Experience, Strength, and Hope on the Patio- Conversations with an Old Timer (20+ years), *Century Pavilion*

Español: SA También Habla Español
WB pp. 63-66

10:15 - 11:30

*Speakers and Closing, *Marquis Ballroom*



**SURRENDER, DEEP IN THE
OF TEXAS**

Save the Date, Y'all!

**International SA / S-Anon Conventions
Dallas, Texas July 25, 26 and 27, 2025**

“HOWDY, PARDNER! YA EVER CHOW DOWN ON LIP-SMACKIN' BBQ WHILE SITTIN' AT A RODEO? IF NOT, IT'S HIGH TIME YA DID!”

Dallas is a great city, known for its Western history and unique blend of urban and rural culture. Our convention in July of 2025 will be an opportunity to see some terrific speakers, participate in excellent breakout sessions, enjoy delicious food, make new connections, and have a great time. Come to Dallas in July of 2025 for this unique and memorable event.

Saturday at noon, Texas is taking over the registration booth.
Start surrendering!

SA Meeting Descriptions

Achieving Emotional Sobriety *

If I depend on people or circumstances to fulfill my basic emotional needs, I will stay emotionally drunk. I'm learning to let go of unhealthy demands of people and circumstances.

Grapevine: "The Next Frontier: Emotional Sobriety"

The Adventure of Reality *

Recovery is full of ups and downs, all part of learning to live life on life's terms.

WB pp. 77-78 ("Everything...lives.")

Am I Both?: SA & S-Anon

Am I addicted to lust AND affected by the behavior of a sexaholic?? Could I possibly fit into both programs?

ESSAY, Sep 2017, pp. 22-23 & The S-Anon Problem

An Antidote to Shame *

Shame (which is the reverse of pride) gets in the way of truly inventorying ourselves and leaves us vulnerable to lust.

SIA, p. 61 #2 & 12&12, pp. 44-45 (2 ¶ about the depressive)

Are You My Higher Power?

Examining the danger in treating my spouse like my HP.

ROH p. 128 & RC pp. 61-63

Before, During, and After Separation or Divorce *

Join us if you've been separated, reconciled, or divorced. Share your ESH about currently being in this process or having already been through it.

BB, pp. 98-100 ("Now, the...circumstances.")

Beyond Feelings: An Attitude In Action

Feelings often controlled us, but we're learning to take right action in spite of feelings. We take right action and the feeling follows.

WB, pp. 146-147 ("Doing What Comes Un-Naturally")

Bypassing the Roadblocks to Forgiving *

I want to learn how to forgive what seems unforgivable. In this meeting, we'll talk about what gets in the way of forgiving others and how to circumvent it.

SIA, pp. 119-120 ("Some of us...our heart.")

Can Temptation be a Gift?

Tendency to lust and temptation to act out may never go away, but it CAN continue to teach us. Come hear what lust has taught others.

WB, pp. 68-69 ("Often, ...true Connection.")

Concrete Actions of the Steps

Concrete action trumps generic concepts when seeking a spiritual transformation.

SIA, pp. 52-54 ("Concrete Action")

Courage to Change *

The courage to change ME; putting on a new "pair of glasses."
ESSAY, Apr 2024, pp. 14-15 and BB, pp. 418-419 ("Acceptance has...answer increases.")

The Danger of Quietly Separating from Others

Isolating has seldom helped my recovery. Withdrawing from fellows or harboring silent resentment can be just as harmful to me as yelling in anger. *WB, pp. 50-51 (An Attitude Change & A Decision to Persist in Wrong)*

The Dangers of Subtle Resentment

"I can't sever from a person without severing from God, whether they know it or not. I must do positive violence to my old nature and reconnect with those I have disconnected from."

RC, pp. 12-13 ("So here's ..." to the end on page 13)

Dating in Recovery

ESH from dating while in program and for those just considering sober dating.

ESSAY, Sep 2014, pp 13-16, "My Experience with Sober Dating" and ROH 323

Defensiveness, Pride, and Purposeful Forgetting *

Things get in the way of admitting we were wrong and making those wrongs right. Thus, we make an exhaustive and accurate search of our motives and actions.

12&12, pp. 78-80 ("These obstacles...pay handsomely.")

Doing a Regular Group Inventory to Promote a Healthy Meeting *

A Group Inventory is a separate meeting of your home group to review and design how it runs. Come hear ESH for how your group can hold an effective Group Inventory.

"Practical Guidelines for Group Recovery," pp. 1 & 15 (pamphlet)

The Draw of Passive Lust

Have you wanted to be lusted after so you could defend, "well, I didn't start it!"? Being overtaken by others' lust is "passive lust." This is just as dangerous to your sobriety and recovery as active lust.

RC, pp. 9-10 ("Passive lust wants..." to the end of p. 10)

DSR Partners: Strengthening my Recovery

The Daily Sobriety Renewal: what it is, how to make it your own, how others have found a DSR partner, and the magic of consistency.

PRT, pp. 80-81

Emotional Intimacy

Intimacy comes in two flavors: physical and emotional. Shocking though this was to me, I'm learning that physical intimacy only works in my life when I prioritize emotional intimacy.

ROH 181 & WB 153-154 ("After four... right beginning.")

Facing Legal Issues in Recovery

For sexaholics whose acting out resulted, or could've resulted, in legal consequences, this meeting is about unique issues of recovery under legal concerns. *tRC, pp 133 & 212*

Fellowship was Essential from the Beginning

Fellowship is a key factor of recovery. Early alcoholics engaged in constant fellowship as a major part of their recovery efforts.

"Dr Bob and the Good Oldtimers," pp. 152-153 ("Contacts by ... what we had.")

Finding Real Satisfaction and Meaning

Escaping the disaster of lust on a common journey with fellows, we find satisfaction and meaning. Recovery is NOT boring!

BB, pp. 151-153 ("...neighbor as thy self.")

Fitting Ourselves to Be of Maximum Service: An Introduction to the 12 Concepts and the SA Service Structure (part 1)

A review of concepts 1-5, & 9 and the SA service structure.

BB, p. 77 "Our real purpose is to fit ourselves to be of maximum service to God and the people about us."

Fitting Ourselves to Be of Maximum Service: An Introduction to the 12 Concepts and the SA Service Structure (part 2)

A review of concepts 6-8 & 10-12 and the SA service structure, including the warranties.

BB, p. 77 "Our real purpose is to fit ourselves to be of maximum service to God and the people about us."

Having Fun in Recovery

Recovery can be softer, more chill, comfortable, and even more fun than your old life! If your recovery doesn't include more happy times, you're still missing something.

ESSAY, Aug 2021, p. E19 start: "Now I want to talk.." to the end.

Healthy Friendships Between Men and Women

Being part of a healthy, imperfect SA family means getting comfortable interacting with both men and women—in and outside of meetings.

ESSAY, May 2021, p. E21 ("Besides the obvious...day of my life.") and ESSAY, Aug 2021, p. 16 ("Yes, there ...started recovery.")

Healthy Sexuality

Can I have lust in my marriage? "I was dumbfounded when I learned I was doing just that." We'll share ESH about developing "sober sex" in marriage.

ESSAY, Sep 2014, pp 12-13, "Sex and Intimacy in Marriage" and ROH 124

Honesty and Vulnerability in My Home Group

Why I become vulnerable with others in the Program and the danger of holding back the depths of my soul because of fear

WB, p. 86 ("Next, we start...group are enhanced.")

How Feelings Affect My Recovery *

Many of us sought escape from our feelings. This meeting is about accepting and managing feelings without letting them block your recovery.

"RC last ¶ of 57, tRC, p. 343, ESSAY, Oct 2023, p. 17, "Feelings Diary" ¶ and ESSAY, Jun 2022, p. 15, "Call my feelings..."

How My Higher Power Sees Me *

How does HP see me? Can I look at myself the same way?

SIA, p. 32 #5 and tRC, p. 78

How Service Jumpstarted My Recovery

Service is a key component of effective recovery. Service gets me out of myself so I can see there's more to life than "me."
tRC, pp. 15 & 26

Humility: Don't Take Yourself Too Damn Seriously! *

It's important to laugh at my mistakes without getting stuck in shame or self-pity.
12&12, pp. 147-149 ("When AA...humility.")

Imperfect and Worthwhile *

My inventory includes liabilities as well as assets. I am made up of more than just defects.
SIA, pp. 81-83 ("Member Shares" #4 & #6)

Inventorying My Fears

Workshop about using the Fears Inventory in Step into Action, for Step 4
SIA, pp. 72-74

Key to the Program: Willingness

The more we become willing to depend on HP, the more independent we actually are.
12&12, pp. 34-36 ("Like all the... of the spirit.")

Learning Responsibility with Compassion

Have you wondered how to make things right without doing harm to someone? We'll discuss balancing responsibility for our actions with the welfare of those around us.
12&12, pp. 85-87 ("After taking... Step Nine.")

Learning Self-Restraint *

This is about restraining our tongues and pens (and typing fingers). We wait to respond and take stock before reacting to people or circumstances.
12&12, pp. 90-92 ("A Spot-check...bored or hurt.")

Learning to Meditate

Different forms of meditation are practical for recovery. This is a hands-on workshop.
12&12, pp. 99-100 ("Well, we might...experience and learn.")

Looking at My Disturbance

How looking at circumstances that bring up negative emotions leads us to positive vulnerability and a real connection with those around us.
WB, pp. 98-99 ("Encounter")

Lust-Based Decisions "LBD's"

Little decisions may or may not lead to acting out, but they often evoke lust in my heart.

PRT, p. 79

Misery Transformed by Humility

The process of humility and its benefits. Adversity builds resilience and strong character, which leads to peace of mind.

12&12, pp 74-75 ("But when ... our shortcomings")

Morning Meditation: Daily Reflections

Saturday's meditation from AA's *Daily Reflections*.

p. 203 in Imperial Ballroom F.

Morning Meditation: Daily Reflections

Sunday's meditation from AA's *Daily Reflections*.

p. 204 in Imperial Ballroom F.

Morning Meditation: The Real Connection

Saturday's meditation from SA's *The Real Connection*.

p. 200 in Pacific Coast 2.

Morning Meditation: The Real Connection

Sunday's meditation from SA's *The Real Connection*.

p. 201 in Pacific Coast 2.

Must I Believe in a Higher Power?

How can we support those who have trouble accepting a Higher Power. Many consider "the God thing" an insurmountable obstacle to being in SA. You will hear how the Program MUST be spiritual but CANNOT be religious, why HP isn't optional in the Steps, and when most people in your home group share the same HP (that's different from yours).

AA pamphlet - The "God" Word, pp 5-6

My Ego in Rebellion

The source of all my rebellion is my ego. I rebel against HP with my so-called righteous indignation.

RC, pp. 69-72 "Of Soda Crackers and Human Nature"

Navigating SA as a Woman

Women and men are different, and because SA has fewer women currently, the sisters are taking the opportunity to discuss navigating SA as a woman.

ESSAY, Sep 2010, pp. 101-103 "A God I Can Trust"

The Other Side of the Street SA Panel/ S-Anon Meeting

PANEL DISCUSSION: SAs answer S-Anon questions and concerns. Ask an SA what you may not feel comfortable asking in other settings.

The Other Side of the Street S-Anon Panel/ SA Meeting

PANEL DISCUSSION: S-Anons answer SA questions and concerns. Ask an S-Anon member what you may not feel comfortable asking in other settings.

Overcoming Shame

Both fellowships deal with different types of shame, and each needs an effective solution to it.

ROH 196 and SIA, pp. 105-106 ("Step Seven requires... usefulness to others.")

The Pains of Growing Up *

When we get sober, we sometimes stop maturing in recovery...and in life, so we work on "growing up" wherever we left off.

12&12, pp. 92-93, (Now that we're...do to me — today?)

Practicing Healthy Interactions in Program

Learning how local meetings, fellowship events, and friendships in the Program help us set healthy boundaries with both men and women—even after a lifetime of broken relationships.

ESSAY, Aug 2021, pp. 18-19, "Her Fellow Members Loved Her Until She Was Able to Love Herself"

Q & A: Welcome to Your First International Convention!

For those attending their first International Convention there will be lots of questions & answers here!

Question & Answer Panel of 2 SA members who have attended 2 or International Conventions.

Real Sexaholics *

Real sexaholics don't get cured. Alcoholics Anonymous says we're "like men who have lost their legs; they never grow new ones." So why do we keep working this Program?

BB, pp. 30-32 ("MOST OF US...knowledge of your condition.")

Receiving Forgiveness, Accepting Love *

Haunted by the past, we push forth to make amends. Often, we receive love and forgiveness that have long eluded us.

SIA, pp. 137-138 (#7)

Right Feelings Following Right Action

It still seems impossible to me, but did you know I don't actually HAVE to let my feelings control my behavior??? As a matter of fact, this Program suggests I base my next action on an imaginary feeling of love toward someone.

WB, pp. 164-165 (#14 "Practice taking the Actions of Love")

Roy K Shares: One Key to My Recovery

Consciously valuing a person I don't like in Program can be an instrument for my growth. How making amends opens the door to God.

CD: "Best of SA 3" (Daily Reprieve podcast, time stamp: 15:00-22:37)

SA Birthday Meeting

Come and celebrate your sobriety with us!

*Practical Guidelines for Group Recovery Pamphlet (PGR 5-6)
"Keep Sobriety in the Group Conscious"*

Same-sex Attraction and Its Allies

This meeting is for anyone who feels attraction to the same sex, as well as for anyone who wants to be an ally through support, especially since we're all sexaholics in recovery.

ESSAY, Mar 2014, pp. 9-10

Self-centered Conversation

Learning to listen and really hear what the other person is saying. My fear often blocks my listening abilities.

PRT, p. 47 (section: "Self-centered Conversation")

Sharing Our Solutions: An Innovative SA Meeting Format

A new type of meeting format that focuses on individual members and their current struggles. Sober members share their ESH with the member that is struggling.

The Shame Inventory

How to do a personal shame inventory.

ESSAY, Dec 2011, pp. 20-23

Simple Insurance Against a Slip

Did you know there's such a thing as recovery insurance? The cost is the effort of carrying the message to sexaholics who are still lost.

12&12, pp. 151-154 ("Restless one day..." to end of section)

Single and NOT Dating *

For singles who are not dating yet or who have chosen to remain celibate. Hear what this life is like and what I do with myself.

ESSAY, Sep 2012, pp. 20-21

Sobriety and Serenity Go Hand in Hand

Personal serenity depends on sobriety, but if we don't learn to calm the disturbance of negative emotions, we will struggle with sobriety. This is about the interplay of sobriety and serenity.

ESSAY, Oct 2023, 21-22, ("In the SA meetings..." to the end) and ROH 86, 240, & 327

Sobriety Feels Weird

Early sobriety may feel foreign and unnatural. But it's when we feel uncomfortable that we're most open (and likely) to change.

WB, p. 31 ("Withdrawal") & RC 38-39

Sobriety is Only the Beginning *

"Sober is not well." Once I get sober, I still have a lot of growing to do.

WB 149-151 ("After a few weeks...what it took for us.")

Sobriety with Boundaries Around Technology *

How do we stay sober while using more and more technology in our world?

ESSAY, Dec 2017, p. 14

Someone to Bear My Guilt

For anyone burdened by guilt over past behavior: the Program shows you there's an alternative to carrying it by yourself.

WB, pp. 119-121 ("A Loving God Who Knows and Cares")

The Spirit of Anonymity

Are anonymity and "carrying the message" mutually exclusive? No! Humility is the key. Tradition 12

12&12, pp. 185-187 ("This phenomenon...can ever have.")

Sponsors: Getting One, Having One, Being One *

What to look for in a sponsor and how to BE an effective sponsor.

WB 72-74, ("As we get into the steps...walk like they talk.")

Surrender: The Key to this Spiritual Program *

Learning how to surrender our will to our Higher Power. We'll cover essential instructions effective for surrender.

WB 64-69 & 80-81 (excerpts)

Surrendering, Not Eradicating Our Defects *

I used to expect HP to remove my defects just because I asked. I'm learning the importance of taking continual action as my part of the bargain.

WB, p. 131 (first full ¶) & WB pp. 117-118, ("In recovery...and souls?")

Sweeping Away the Debris

How, exactly, do I "clear away the wreckage of [my] past"? Come to hear and share practical approaches. Sure to be an inspiring meeting!

BB, pp. 76-78 ("Now we need more...gratified with the result.")

Taking Our Daily Inventory

A daily inventory helped me develop an positive automatic response to difficulty.

SIA, pp. 154-156 ("We see that...even small victories.")

Uncovering God Through My Defects

The Program tells me I was treating lust as my HP. The more I recognize my character defects, the better I understand how I need God.

RC, pp. 53-55 (What was it..." to the end of 55)

Unity Despite Diverse Acting Out Behaviors

Have you ever been hesitant to divulge HOW you've acted out because it's different, uncommon, or just too weird? You're invited to share openly here. While you may be different in some ways, you're just like the rest of us- because you're a sexaholic.

ESSAY Mar 2015, pp. 7-9

Urgency and Aggressive Conversations

I sometimes trample over others' ideas to push my own agenda. I want to be more aware of this self-centeredness, especially when it's motivated by my fear of being wrong.

PRT, pp. 48-49 ("Aggressive Conversation" & "Urgency")

Victim No Longer: Childhood Sexual Trauma

Some of us were victimized as children by someone else's sexaholism. We learn to journey through that pain toward acceptance, healing, and freedom.

tRC, pp. 53 & 136

A Vital Spiritual Experience

What depth of change is necessary to bring about lasting recovery? It is a complete rearrangement of your approach, an awakening to new life.

BB 27 ("The doctor said:..." to end of page); WB 143-144 ("The Awakening")

What Does Lust Look Like?

Lust can manifest differently in each sexaholic. Be conscious of how YOUR lust operates.

WB, pp. 41-43 (sections "What is Lust?" and "Lust Is")

What is a Check Meeting and How Do They Work? *

A "check meeting" is a small gathering of sober SA members for a member who is experiencing difficulty in the Program. We'll read from the SA pamphlet, "SA Check Meetings."

"SA Check Meetings" (pamphlet), pp. 3-5 and PRT, pp. 98-99

What's Worked for Me as a Sponsor

As I sponsor, I seek to "carry the message," not the sexaholic. Turning all situations into a pathway for growth helps both me and my sponsee.

WB 74-75 ("Wise Sponsors know...ourselves to another.")

When Sober Members Let Us Down

Aggravated or annoyed by people you serve with? Let's talk about how service in the Program can show us where HP wants you to grow.

RC, pp. 91-93 ("Then, we may single...who strengthens us.")

Why Not a Little Lust?

Even a little lust activates the phenomenon of craving. We'll read Dr. Silkworth's ideas about craving and the allergy nature of addiction.

BB, pp. xxviii-xxx, ("We believe...alcoholics are doomed.")

Willpower Has Failed Us

Using willpower against lust is futile, but many of us keep trying. This meeting will include spiritual tools that have helped many sexaholics recover.

BB, pp. 23-25 ("These observations...never do by ourselves.")

Working My Program While Traveling

The unique challenges of working our program away from the safety of home.

ESSAY, Jun 2023, pp. 10-12, "My Rules for Sober Travel"

Worthy of Self-Care

Ignoring self-care can magnify problematic attitudes and emotions. Your questions and ESH about self-care are welcome here.
tRC, p. 46

Reuniones en Español:

?Por qué Nuestra Definición de Sobriedad?

"En SA, buscamos recuperarnos de nuestros comportamientos adictivos relacionados con la lujuria. Nos abstenemos plenamente de todas las prácticas de esta enfermedad (Tercera Tradición). Estamos convencidos de que, sin sobriedad, no tenemos nada."

WB (Sexólicos Anónimos), pp. 193-195

SA También Habla Español

La Lujuria es una enfermedad que se puede manifestar sin distinción de género, raza o credo. Esta enfermedad crece cada vez más rápido y nuestro compromiso en SA es que también crezcan las fuentes de ayuda. Para ello buscamos abrir más reuniones en Español en diferentes localidades y horarios.

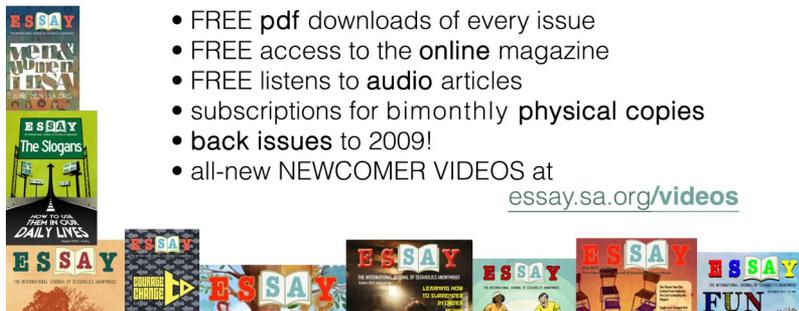
WB (Sexólicos Anónimos), p. 63-66

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Prayers

3rd Step Prayer

God, I offer myself to Thee—To build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of Life!

Alcoholics Anonymous, 4th Ed., Pg. 63

7th Step Prayer

My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen.

Alcoholics Anonymous, 4th Ed., Pg. 76

11th Step Prayer

Lord, make me a channel of thy peace—
that where there is hatred, I may bring love—
that where there is wrong, I may bring the spirit of forgiveness—
that where there is discord, I may bring harmony—
that where there is error, I may bring truth—
that where there is doubt, I may bring faith—
that where there is despair, I may bring hope—
that where there are shadows, I may bring light—
that where there is sadness, I may bring joy.
Lord, grant that I may seek rather to comfort than to be comforted—
to understand, than to be understood—
to love, than to be loved. For it is by self-forgetting that one finds. It is by forgiving that one is forgiven. It is by dying that one awakens to Eternal Life. Amen.

Twelve Steps and Twelve Traditions, Pg. 99

The Serenity Prayer

God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference. Thy will, not mine, be done.†

Twelve Steps and Twelve Traditions, Pg. 41

† Some meetings may omit the last sentence



COURAGE TO BE ONSTAGE

VARIETY SHOW

Are you a singer? dancer? poet? storyteller? flash mob director? Bring it! No judgement, no prizes, no photos. Only the joy of being loved just as you are and the harmony of real human connection and heartfelt participation. Talent is appreciated, but definitely not required.

SATURDAY NIGHT 8PM **IN THE MARQUIS BALLROOM**

C'mon! Join in on this event, as participant or enthusiastic supporter...

Learn more or sign up for a time slot:
[**somuchjoysanon@gmail.com**](mailto:somuchjoysanon@gmail.com)

All participants **must** attend the practice at 5pm Saturday in the Marquis Ballroom

7th Tradition Collections



S-Anon



SA



CFC



Fellowship



SA & S-Anon International Conventions

COURAGE
to **CHANGE**

July 12-14, 2024 *in Los Angeles*

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